



Moran Independent School District

"An atmosphere where learning and love go hand in hand."

900 Main
Moran, Texas 76464

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Moran ISD COVID-19 Health Services Illness Instructions

NAME: _____

DATE: _____

Symptoms of COVID-19 could include cough, shorness of breath or difficulty breathing, fever over 100, fatigue, chills, muscle or body aches, headache, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, or new loss of taste or smell. Below are the symptoms your student exhibited during school that suggest further evaluation for COVID-19.

Symptoms (those circled were present):

- FEVER over 100 degrees F
- Cough
- Shortness of Breath
- Other (please specify): _____

If you are observing the symptoms below immediately contact your medical provider.

EMERGENCY warning signs include*:

- Trouble breathing
- New confusion or inability to arouse
- Persistent pain or pressure in the chest
- Bluish lips or face

*This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning. Your medical provider may want to discuss testing or other concerns with you.

If you are able to manage your student's symptoms at home, your child may return to school when the following are true:

- 1) Your medical provider has determined a different illness than COVID-19 and cleared your student to return in writing. Note must be brought to school on the return date.
OR
- 2) At least 10 days from the first clinical diagnosed symptom or positive test date for those who are showing no symptoms.
AND
- 3) At least 24 hours fever free without fever reducing medication, Tylenol – Ibuprofen,
AND
- 4) When symptoms are improving.

Earliest return to school date if not seen by a physican: _____

Any siblings living in the household of the sick student may not return for 14 days after the last day they were in contact with the ill child. You should try to isolate the sick student from well family members while at home.

Siblings' names: _____

Quarantine date complete: _____

Please contact Moran ISD Superintendent, Danny Freeman, should you have any questions regarding returning to normal school attendance.

Staff signature: _____