

# MORAN ISD BREAKFAST MENU PRE-k ~ 12<sup>TH</sup> GRADE

# AUG

**MENU 2023**

**DINOSAUR VALLEY STATE PARK**



**MENU ITEMS MAY BE SUBJECT TO CHANGE WITHOUT NOTICE!**

**FRESH FRUIT CHOICE OFFERED DAILY FOR BREAKFAST**

**MILK AND JUICE CHOICE OFFERED DAILY FOR BREAKFAST**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

\* INDICATES MENU ITEM NOT AVAILABLE FOR PRE-K STUDENTS

7<sup>TH</sup>  
EARLY BIRD SANDWICH or CEREAL & TOAST BREAKFAST ROUND\* YOGURT OR CHEESE

8<sup>TH</sup>  
FRENCH TOAST & SAUSAGE OR BREAKFAST STRUDEL\* BREAKFAST CRACKERS YOGURT OR CHEESE

9<sup>TH</sup>  
POWER BREAKFAST OR BREAKFAST PARFAIT\* MUFFIN YOGURT OR CHEESE

10<sup>TH</sup>  
PANCAKE WRAP OR BREAKFAST BREAD BREAKFAST STRUDEL YOGURT OR CHEESE

14<sup>TH</sup>  
WAFFLES & BACON OR CEREAL & TOAST MUFFIN YOGURT OR CHEESE

15<sup>TH</sup>  
BREAKFAST COMBO OR BREAKFAST STRUDEL\* BREAKFAST BREAD YOGURT OR CHEESE

16<sup>TH</sup>  
SAUSAGE BISCUIT OR BREAKFAST PARFAIT\* OR CEREAL & TOAST

17<sup>TH</sup>  
OATMEAL & CINNAMON TOAST OR BREAKFAST CRACKERS BREAKFAST STRUDEL\* YOGURT OR CHEESE

21<sup>ST</sup>  
CHICKEN-N-BISCUIT OR CEREAL & TOAST MUFFIN YOGURT OR CHEESE

22<sup>ND</sup>  
BREAKFAST TACO OR BREAKFAST BREAD BREAKFAST CRACKERS YOGURT OR CHEESE

23<sup>RD</sup>  
POWER BREAKFAST OR BREAKFAST PARFAIT\* MUFFIN YOGURT OR CHEESE

24<sup>TH</sup>  
DUTCH WAFFLE & SAUSAGE\* OR CEREAL & TOAST MUFFIN YOGURT OR CHEESE

28<sup>TH</sup>  
BREAKFAST COOKIE\* OR CEREAL & TOAST MUFFIN YOGURT OR CHEESE

29<sup>TH</sup>  
BREAKFAST BURRITO & HASHBROWNS OR BREAKFAST BREAD BREAKFAST CRACKERS YOGURT OR CHEESE

30<sup>TH</sup>  
WAFFLES & SAUSAGE OR BREAKFAST PARFAIT\* CEREAL & TOAST

31<sup>ST</sup>  
STUFFED BAGEL\* OR BREAKFAST CRACKERS BREAKFAST BREAD YOGURT OR CHEESE



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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# MORAN ISD LUNCH MENU PRE-K

# AUG

MENU 2023

DINOSAUR VALLEY  
STATE PARK



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**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

7<sup>TH</sup>  
OVEN FRIED CHICKEN  
MASHED POTATOES  
ROLL  
FRUIT CUP  
MILK

8<sup>TH</sup>  
NACHOS GRANDE  
CHARRO BEANS  
PEACHES  
MILK

9<sup>TH</sup>  
SPAGHETTI BOWL  
BREADSTICK  
GARDEN SALAD  
FRUITY JELLO  
MILK

10<sup>TH</sup>  
ASIAN BOWL  
EGG ROLL  
BROCCOLI  
MANDARIN ORANGES  
MILK

14<sup>TH</sup>  
STEAK FINGERS  
MASHED POTATOES &  
GRAVY, ROLL  
APPLE PINEAPPLE  
DELIGHT MILK

15<sup>TH</sup>  
TEX-MEX STACK  
PINTO BEANS  
HOT CINNAMON  
APPLES  
MILK

16<sup>TH</sup>  
CHICKEN ALFREDO  
BREADSTICK  
GREEN BEANS  
PEARS  
MILK

17<sup>TH</sup>  
PIG IN A BLANKET  
CHEESY POTATOES  
SNOWBALL SALD  
MILK

21<sup>ST</sup>  
MEAT & CHEESE  
CHALUPA  
REFRIED BEANS  
ORANGE SMILES  
MILK

22<sup>ND</sup>  
CHILI CHEESE TOTCHOS  
GREEN PEAS  
STRAWBERRY  
BANANAS  
MILK

23<sup>RD</sup>  
CHICKEN NUGGETS  
MACARONI & CHEESE  
ROASTED SQUASH &  
ZUCCHINI MILK  
ROSY APPLESAUCE

24<sup>TH</sup>  
X-TREME BURRITO  
OVEN FRIES  
MIXED FRUIT  
MILK

28<sup>TH</sup>  
CHICKEN SPAGHETTI  
BREADSTICK  
GARDEN SALAD  
FRUITY JELLO  
MILK

29<sup>TH</sup>  
WALKING TACO  
CHARRO BEANS  
CHILLED PINEAPPLE  
MILK

30<sup>TH</sup>  
LASAGNA  
BROCCOLI  
CINNAMON PEARS  
MILK

31<sup>ST</sup>  
FIESTA BOWL  
CARROTS  
MIXED FRUIT  
MILK



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# MORAN ISD LUNCH MENU KINDERGARTEN – 8<sup>TH</sup> GRADE

# AUG

**MENU 2023**

**DINOSAUR VALLEY  
STATE PARK**



**MENU ITEMS MAY  
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NOTICE!**

**MILK CHOICE  
OFFERED DAILY FOR  
LUNCH!**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

OVEN FRIED CHICKEN  
MASHED POTATOES  
ROLL  
TOMATO CUP  
FRUIT CUP

NACHOS GRANDE  
CHARRO BEANS  
SALSA  
ZESTY CUCUMBERS  
PEACHES  
ICE CREAM CUP

SPAGHETTI BOWL  
BREADSTICK  
GARDEN SALAD  
FRESH VEGGIE CUP  
FRUITY JELLO

ASIAN BOWL  
EGG ROLL  
BROCCOLI  
GREEN PEAS  
MANDARIN ORANGES

CHICKEN FRIED STEAK  
MASHED POTATOES &  
GRAVY, ROLL  
SAVORY GREEN BEANS  
APPLE PINEAPPLE  
DELIGHT

TEX-MEX STACK  
PINTO BEANS  
SALSA  
BABY CARROTS  
HOT CINN. APPLES  
FROZEN YOGURT CUP

CHICKEN ALFREDO  
BREADSTICK  
GARDEN SALAD  
BROCCOLI  
PEARS

PIG IN A BLANKET  
CHEESY POTATOES  
TOMATO CUP  
SNOWBALL SALD

MEAT & CHEESE  
CHALUPA - SALSA  
REFRIED BEANS  
MEXICALI CORN  
PUDDING CUP  
ORANGE SMILES

CHILI CHEESE TOTCHOS  
GREEN PEAS  
FRESH VEGGIE CUP  
STRAWBERRY  
BANANAS

CHICKEN NUGGETS  
MACARONI & CHEESE  
ROASTED SQUASH &  
ZUCCHINI  
CARROTS  
ROSY APPLESAUCE

X-TREME BURRITO  
OVEN FRIES  
CUCUMBERS  
MIXED FRUIT  
GRAIN BASED DESSERT

CHICKEN SPAGHETTI  
BREADSTICK  
GARDEN SALAD  
BELL PEPPER STRIPS  
FRUITY JELLO

WALKING TACO  
STREET CORN  
CHARRO BEANS  
CHILLED PINEAPPLE  
GRAIN BASED DESSERT

LASAGNA  
BREADSTICK  
BROCCOLI  
CARROT COINS  
CINNAMON PEARS

FIESTA BOWL  
TOMATO CUP  
ZESTY CUCUMBERS  
MIXED FRUIT  
SHERBET CUP



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# MORAN ISD LUNCH MENU 9<sup>TH</sup> ~ 12<sup>TH</sup> GRADE

# AUG

**MENU 2023**

**DINOSAUR VALLEY STATE PARK**



**MENU ITEMS MAY BE SUBJECT TO CHANGE WITHOUT NOTICE!**

**MILK CHOICE OFFERED DAILY FOR LUNCH!**

**IN ADDITION TO THE DAILY FRUIT SERVING, GRADES 9-12 ARE OFFERED ½ CUP FRESH FRUIT BOWL OR 100% FRUIT JUICE FOR LUNCH!**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

OVEN FRIED CHICKEN  
MASHED POTATOES  
ROLL  
TOMATO CUP  
FRUIT CUP

NACHOS GRANDE  
CHARRO BEANS  
SALSA  
ZESTY CUCUMBERS  
PEACHES  
ICE CREAM CUP

SPAGHETTI BOWL  
BREADSTICK  
GARDEN SALAD  
FRESH VEGGIE CUP  
FRUITY JELLO

ASIAN BOWL  
EGG ROLL  
BROCCOLI  
GREEN PEAS  
MANDARIN ORANGES

CHICKEN FRIED STEAK  
MASHED POTATOES &  
GRAVY, ROLL  
SAVORY GREEN BEANS  
APPLE PINEAPPLE  
DELIGHT

TEX-MEX STACK  
PINTO BEANS  
SALSA - RICE  
BABY CARROTS  
HOT CINN. APPLES  
FROZEN YOGURT CUP

CHICKEN ALFREDO  
BREADSTICK  
GARDEN SALAD  
BROCCOLI  
PEARS

PIG IN A BLANKET  
CHEESY POTATOES  
TOMATO CUP  
SNOWBALL SALD

MEAT & CHEESE  
CHALUPA - RICE  
REFRIED BEANS - RICE  
MEXICALI CORN  
PUDDING CUP  
ORANGE SMILES

CHILI CHEESE TOTCHOS  
GREEN PEAS  
FRESH VEGGIE CUP  
STRAWBERRY  
BANANAS

CHICKEN NUGGETS  
MACARONI & CHEESE  
ROASTED SQUASH &  
ZUCCHINI  
CARROTS  
ROSY APPLESAUCE

X-TREME BURRITO  
OVEN FRIES  
CUCUMBERS  
MIXED FRUIT  
GRAIN BASED DESSERT

CHICKEN SPAGHETTI  
BREADSTICK  
GARDEN SALAD  
BELL PEPPER STRIPS  
FRUITY JELLO

WALKING TACO  
STREET CORN  
CHARRO BEANS  
CHILLED PINEAPPLE  
GRAIN BASED DESSERT

LASAGNA  
BREADSTICK  
BROCCOLI  
CARROT COINS  
CINNAMON PEARS

FIESTA BOWL  
TOMATO CUP  
ZESTY CUCUMBERS  
MIXED FRUIT  
SHERBET CUP



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